

# ELWOOD ECHO-O-O-O



ELWOOD CARE CENTER

"Heartbeat of the Community"

Where Love Shows

NEWSLETTER

email: [eccirenek@atcjet.net](mailto:eccirenek@atcjet.net)

December, 2008

## RESIDENT OF THE MONTH



December resident of the month is Clyde Ray Lofquist. Clyde was born October 7, 1925 to Melvin and Ada York Lofquist at Rockfalls, Harlan Co. Nebraska. He has one brother, Wayne of Bertrand and one sister, Doris Reisig of Scottsbluff.

Clyde received his education at rural school at Loomis and attended High School in Loomis.

On August 14, 1948 Clyde married M. Elinor Bonser in Holdrege, Nebraska at the Presbyterian Church. To their marriage six children were born: Steve and Don of Elwood, Gary of Grand Island, Stuart of Mesa, AZ; Nancy Cargill of Scotia, and Rose Hathaway of Omaha.

The Lofquists farmed for 8 years north of Bertrand and 8 years northeast of Elwood. In 1964 they moved to Elwood and in 1970 they bought the Welding Shop in Elwood making it a family business. Steve and Don still operate the shop. Over the years Clyde was Gosper County Weed Supt. and did custom baling. He loved gardening and was known as the "Pumpkin Man" for many years.

Clyde was a member of the Lions Club and United Methodist Church. Clyde and Elinor enjoyed traveling and have taken tours to New England, Florida, New Orleans, Canada, three times to British Columbia, Texas, Georgia, Arizona and California.

Elinor and Clyde have ten grandchildren and seven great grandchildren. Clyde enjoys trips to the shop to see what the boys are up to and spending time with his pet cat, Sugar.

We are honored to have Clyde as a part of the Elwood Care Center family.

## Resident Birthday



Phyllis Hanson—12/6  
Marie Hoselton-12/13  
Raleigh Nott-12/15  
Wanda Salisbury—12/22

Annabel Wills—12/6  
Freddie Rhinehart—12/12  
Corrine Ficken—12/21  
Elton Withers—12/29

## Employee Birthdays

Amy Soderlund—12/10  
Gayle Bazzle—12/18  
Marilyn Burkhalter—12/19  
Vicki Kotschwar—12/22  
Shelly Monter—12/31

## EMPLOYEE ANNIVERSARIES:

13 YEARS  
Deb Hambidge



When it comes to avoiding colds and flu during the winter months, your health is literally in your hands. Experts recommend that you wash your hands with soap and hot water or use a waterless hand cleanser after blowing your nose, coughing, or being around someone who is ill. Be sure to avoid touching your eyes, nose and mouth since germs can be spread by touching these areas. You can further minimize your risk of becoming ill by eating healthy foods, getting enough sleep, and exercising regularly.

If you get sick, stay home from work or school to avoid passing your cold or flu to others. Remember to rest, keep warm and drink plenty of fluids to help flush germs out of your system.

### **Elwood Care Center Offers: Quality Rehabilitation Services from Key Rehab:** **Program Highlights:**

- ◇ **Physical Therapy, Occupational Therapy, and Speech Language Pathology-Licensed and certified therapists on-site**
- ◇ **Therapy services are based on your needs and as ordered by your physician – available 7 days a week**
- ◇ **Short-term rehabilitation, professional nursing care and long term residence**

Our therapists are experienced in treating the following diagnosis and conditions:

- △ Stroke/CVA
- △ Head Injury
- △ Orthopedic – hip fracture, joint replacement, arthritis shoulder or hand injuries
- △ Neurological disorders such as Parkinson's Disease or Multiple Sclerosis
- △ Communication disorder
- △ Swallowing deficits
- △ Generalized weakness and the loss of function secondary to illness, postoperative conditions or respiratory disorders

### Things offered at Elwood Care Center:

Adult Day Care  
Therapy  
Respite Care  
Meals On Wheels  
Scrub-A-Dub Program

Recipe of the Month  
**OCEAN FOAM SALAD**

1 – (4oz.) pkg. lime jello      1 qt. pears pureed  
4 oz. cream cheese            6 oz. Cool Whip  
2 T. Milk

Drain pears. Take 1 cup juice and bring to a boil. Add jello. Cool until slightly thickened. Stir in mashed pears. Beat cream cheese and 2 T. milk until creamy. Add Cool Whip. Fold mixture into jello and pears. Mix thoroughly, pour into dish or a mold.



**IN MEMORY**

Residents and Staff extend our deepest sympathy to the family of Dorothy Dickmeyer. A memorial service was held in her honor.

**REMINDER:** PLEASE REMEMBER TO MARK ANY ITEMS BROUGHT IN FOR CHRISTMAS.

The Holidays are a time of gratefulness, thanksgiving & appreciating the blessings in our lives. These blessings come to us in many ways, some are bright and flashy and jump out at you, and some are more subtle and calming and fade into the background. One of the blessings at the Elwood Care Center is the organ music that fills the dining room. Good old songs like Amazing Grace, Moon River, & Over the Rainbow can be heard that just make your step a little lighter, your smile a little bigger, and your heart a little fuller.

ECC would like to thank one of our volunteers for bringing these “blessings” to us all. The music that Allen Steinbrink plays on the organ lifts us up. We’d like to recognize Allen for his unending dedication to the Elwood Care Center, & for sharing his time and talents with us. Allen, we want to thank you for serving as a volunteer for so many years. Without caring individuals like you, we’d be unable to enrich the lives of our residents.



ECC is always looking for groups or individuals that would like to volunteer their time or talents. Music always touches the heart, children and animals bring smiles, taking the time to visit or read to the residents is valued. If you would like to be a volunteer, please contact Kate Reiners, Administrator at 785-3302.

**The Elwood Echo is now online!!! Visit [elwoodcarecenter.com](http://elwoodcarecenter.com) to view it. If you would prefer us to save a tree or two, let us know and we will take your name off our mailing list for our monthly publication. Thanks!**

# ELWOOD CARE CENTER

P.O. Box 315  
Elwood, NE 68937



## *Merry Christmas*

### MANAGEMENT TEAM

Administrator.....	Kate Reiners
Director of Nursing.....	Vera Hender
Social Services Director.....	Kasey Rushton
Activities Director.....	Carolyn Houser
Dietary Supervisor.....	Patsy Martin
Maintenance Supervisor.....	Larry Warner
Laundry Supervisor.....	Coleen Schutz
Housekeeping Supervisor.....	Starla Schutz
Medical Records.....	Vicki Kotschwar
MDS Coordinator.....	Susie Ocken
Office Manager.....	Irene Kenning
Staff Development.....	Pam Wescoat
Restorative Therapy .....	Flo Owen