

ELWOOD ECHO-O-O-O



ELWOOD CARE CENTER

"Heartbeat of the Community"

Where Love Shows

NEWSLETTER

email: eccirenek@atcjet.net

November, 2008

RESIDENT OF THE MONTH



We honor Raleigh Nott as our resident of the month. Raleigh Dell Nott was born December 15, 1918 to Elias (Lyle) and Amalia (Molly) Huckfeldt Nott on a farm near Elwood, Nebraska. Raleigh had 3 siblings now deceased—a brother: Lyle (Wayne) Nott and 2 sisters: Wilma Tull and Carol Nott. Raleigh grew up on the farm attending rural and Elwood elementary schools and graduating from Elwood High School in 1937.

Raleigh was in the Army Artillery for 4 years during World War II. He returned to the area to farm. On November 30, 1947, he married Eleanor Schneider at St. John's Lutheran Church in Eustis. They made their first home on Eleanor's parent's farm south of Eustis about 16 miles (out in the boonies). In 1951, they moved to their farm about 8 miles south of Elwood where they raised their four sons: Bill of Arapahoe, Raleigh of Johnson Lake, and Jerry and Norman of Grand Island. They lost a daughter, Sharol at birth. They moved to Elwood in 1994.

Raleigh enjoyed dancing, being a member of the American Legion Post in Elwood. He served as County Commissioner in Gosper County for 16 years. He has been a member of Our Redeemer Lutheran Church in Elwood over 50 years.

Raleigh and Eleanor enjoyed vacations to Europe, the New England States, California, Nashville, TN and Branson, MO., and more recently the Gosper County Senior Center. Raleigh was on the West Center Area Board to help get the Elwood Senior Center started.

Raleigh enjoys his 9 grandchildren and 1 great grandson. Raleigh has a very quiet personality and is very soft spoken. He used to love to read, especially the Omaha World Herald, Elwood Bulletin and Arapahoe Mirror.

We are pleased to have Raleigh as part of the Elwood Care Center Family.

Resident's Birthday



Wilma Rowe—11/11
Iris Evans—11/21
Florence White-Mohr—11/23
Bernadine Matz—11/23

Employee Birthdays

Lindsay Monter—11/06
Vera Hender—11/07
Anslie Dishman—11/16
Shirley Schwarz—11/19

EMPLOYEE ANNIVERSARIES:

22 YEARS
Carolyn Houser



7 YEARS
Scott Brown



6 YEARS
Lola Debban



2 YEARS
Susan Huber

1 YEAR
Crystal Smith

A Note of thanks from Illa Mae Anders:

Dear Friends at the Elwood Care Center,
As I walk the floor and do knee exercises to the count of 5, I remember all the wonderful care you nurses and staff gave me during my stay in the Care Center, a wonderful facility with good food. Thank you so much.
May God be with all of you,
Illa Mae Anders
in Smithfield

The Annual Resident Christmas Party will be held on December 21 at 2pm.

Things offered at Elwood Care Center:

Adult Day Care
Therapy
Respite Care
Meals On Wheels
Scrub-A-Dub Program

Recipe of the Month

PASTA PIZZA

2 cups uncooked corkscrew macaroni
3 eggs beaten
½ c milk
½ c 2 oz. shredded cheddar cheese
¼ c onion, finely chopped
1 lb. lean ground beef
1 – 16 oz. tomato sauce

1 tsp. dried basil, crushed
1 tsp. dried oregano, crushed
½ tsp. garlic salt
1 med. tomato, thinly sliced
1 green pepper, sliced into rings
2 c. mozzarella cheese
opt. sliced black olives

Cook macaroni according to directions and drain well. Combine eggs and milk and stir into cooked macaroni. Stir in cheddar cheese and onion. Mix well. Spread macaroni mixture evenly over a well-buttered 14 inch pizza pan. Bake in 350 degree oven for 25 minutes.

In a lg. skillet, cook ground beef until brown, drain off all fat. Stir in tomato sauce, basil, oregano and garlic salt. Spoon meat mixture over oven baked macaroni crust. Arrange tomato slices and pepper rings and black olives if desired over top. Sprinkle with Mozzarella cheese. Bake about 15 minutes more until cheese is bubbly.



Pictured is Wanda Salisbury with the donated lift she purchased for the Center in memory of her mother Amanda “Mandy” Withers. Wanda is currently a resident here recovering from a neck injury. The residents and staff of ECC sincerely **Thank You** for this generous donation which will enhance the lives of many.

The lift pictured allows people who need assistance standing to transfer from a chair to other furniture safely and comfortably.

The Elwood Echo is now online!!! Visit elwoodcarecenter.com to view it. If you would prefer us to save a tree or two, let us know and we will take your name off our mailing list for our monthly publication. Thanks!

YOUR FRIEND-A CNA
Written by Trina Flaherty

I am here to listen
when you need to speak,
I have the arms when
when you are weak.

I have legs
to help push you along
I am a CNA
here to help you get strong.

Could it be a tear
or a smile on your face,
I see when you are happy
at the slightest embrace.

Could it be my laughter
when you're telling me jokes,
I notice you light up
when you see familiar folks.

I comfort your fears
when you think,
Is this normal for me
to feel this weak?

I take your hand
and lead the way,
To a path of recovery
in every way.

I am there
to help you along,
In activities or at church
when you sing a song.

I am there to praise you
on strides made today,
I am here to help you
your friend, a cna....